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SEPTEMBER 1, 2022 | VOLUME 13 | ISSUE 17

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Learning to share the streets of Ann Arbor. **Page 4**



MEET YOUR
VENDOR:
**SEAN
ALMOND,**
PAGE 3

GROUND COVER

NEWS AND SOLUTIONS FROM THE GROUND UP | WASHTENAW COUNTY, MICH.

**Happy Labor Day! Celebrate
workers for peace and
freedom. Page 6**



Members of the Michigan Nurses Association (AFL-CIO) and community supporters march at University of Michigan hospital campus at a rally in July 2022. *Photo credit:*

THIS PAPER WAS BOUGHT FROM

venmo



@groundcovernews, include vendor name and vendor #

from the **DIRECTOR's DESK**



In addition to honoring the American labor movement and all that it has won for workers in the United States, Labor Day is a great time to honor workers and their great contributions that are so often overlooked.

The paper you are holding right now is filled with writing and contributions from Groundcover vendors and community members. To produce each issue countless hours are spent at the computer — or with a pencil and notebook — synthesizing and editing ideas,

conversations, research and/or life experiences.

Then that paper hits the street where even more time is spent at the corner. Standing out in all the elements, talking to all kinds of passersby, communicating our mission and building relationships is the work that makes this paper ... well, work.

Selling and writing for Groundcover News is work, and hard work at that. Sometimes selling or writing for Groundcover News is a stepping stone to another job, but for many, it is a chosen career.

That's why one hundred percent of the money you paid to purchase this paper contributes to your vendor's income. Without the vendors, we wouldn't have a street paper. We wouldn't have access to printed, community focused news and hyper-local content.

Happy Labor Day! Let us continue to challenge preconceived notions of valuable work and celebrate all workers, all year-round.

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GROUNDCOVER NEWS

CREATING **OPPORTUNITY** AND A **VOICE** FOR LOW-INCOME PEOPLE WHILE TAKING ACTION TO END HOMELESSNESS AND POVERTY.

Groundcover News, a 501(c)(3) organization, was founded in April 2010 as a means to empower low-income persons to make the transitions from homeless to housed, and from jobless to employed.

Vendors purchase each copy of our regular editions of Groundcover News at our office for 50 cents. This money goes towards production costs. Vendors work selling the paper on the street for \$2, keeping all income and tips from each sale.

Street papers like Groundcover News exist in cities all over the United States, as well as in more than 40 other countries, in an effort to raise awareness of the plight of homeless people and combat the increase in poverty. Our paper is a proud member of the International Network of Street Papers.

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Size	Black/White	Color	Dimensions (W x H in inches)	
1/8	\$110.00	\$150.00	5 X 3 or 2.5 X 6.5	Three Months/Six Issues: 15% off
1/6	\$145.00	\$200.00	5 X 4	Six Months/Twelve Issues: 25% off
1/4	\$200.00	\$265.00	5 X 6.25	Full Year/Twenty-four Issues: 35% off
1/2	\$375.00	\$500.00	5 X 13 or 10.25 X 6.5	Only run for two weeks/one issue: 40% off
full page	\$650.00	\$900.00	10.25 X 13	Additional 20% discount for money saving coupons

MEET YOUR VENDOR



Sean Almond, vendor No. 561

In one sentence, who are you?
I'm a dad to seven wonderful children.

Where do you usually sell Groundcover News? I like to sell Groundcover at random spots to see more of my community.

What is your favorite spot in Michigan? By far, it is the Sister Lakes.

What motivates you to sell Groundcover News? To keep a roof over my family's heads and I like to meet new people.

If you had a warning label, what would it say? Warning: the road is not finished yet.

What are your hobbies? Anything that's recreational! And just being outside in the woods.

What is something about you that someone on the street wouldn't know? My mother and wife are my best friends.

What's the most impressive thing you know how to do? Paving and home repair.

What was your first job?
Basement waterproofing.

What do you wish you knew more about? The way life is, and the future.

What is your superpower?
My family.

What song do you have completely memorized? Simple Man by Lynrd Skynrd.

What's the most interesting thing that has happened to you while selling Groundcover? I pitched someone and she asked me for a few dollars. I gave her the \$4 I had. A few hours later she came back with \$40 for me.

From the desk of panda:
Undercover art intel



CINDY GERE
Groundcover vendor No. 279

Today I interviewed a good friend named Steven Pate. He told me that since he was a young child he has always made good art. Pate told me he loved doing art as a teen. He always wanted to be recognized for his art.

I asked him what his art is about, and he told me, "I love drawing flowers and doing border art for cards that's used for wedding events and birthday parties." He loves the shading part of his art - filling in the leaves and wings of the swan.



Support my challenge to fight kids' cancer!



SANDRA SABATINI
Groundcover vendor No. 307

This September, I am taking part in the Great Cycle Challenge to fight kids' cancer!

Why? Because right now, cancer is the biggest killer of children from disease in the United States. Over 15,700 children are diagnosed every year, and sadly, 38 children die of cancer every week.

Kids should be living life, not fighting for life.

So I am raising funds through my challenge to help these kids and support the Children's

Cancer Research Fund to allow them to continue their work developing life-saving treatments and finding a cure for childhood cancer.

Please support me by making a donation to give these kids the brighter futures they deserve. Go to: greatcyclechallenge.com/Riders/SandraSabatini. All donations made on September 15th will be matched.

Your support will change little lives. Thank you.

Relaxing coffee shops

Coffee shops are very beautiful. They can be a nice place to warm up or cool off. I like to go to the same coffee shop whether it is cold or hot outside. When I'm downtown in Ann Arbor I go to Starbucks. I order a hot cup of black coffee in the winter and a to-go cup of black iced tea in the summer. Sometimes I also get a bag of chips. I'm curious to try the sodas like the sparkling flavored waters. I haven't ordered one yet but maybe I will someday.

Coffee shops can be very enjoyable.

They have a relaxing atmosphere. They can be a good place



DENISE SHEARER
Groundcover vendor No. 485

I relax at a coffee shop, I like to sit on a couch and look at the artworks on the walls. I like how they are decorated. Sometimes I'll also watch other people relaxing at the coffee shop. It makes me happy to see people talking with each other and having a nice time.

Coffee shops can be very refreshing.

I didn't start going to the coffee shops until I was a young adult in my mid-twenties. I went by myself and sometimes with friends. We'd walk or take the bus to get there. I look forward to this activity.

when you want to go and relax and they can be a good place to do homework and read. Some of the seats are comfortable. When

Student surge: culture shock and opportunity

IAN DEWEY

Groundcover contributor

Prepare the floodgates! The bastions of higher learning in Washtenaw County will again be populated by us undergrads, sending shockwaves throughout the locale. Pretentious hipsters and preppy west-coasters alike will mingle, bolstering the local economy by spending their parents' hard-earned USD. If only they could slide some of it this way, rather than giving Groundcover News vendors an awkward passing glance.

The magic of an Ann Arbor summer will soon decay, and in its turn the general rigamarole of book-hitting

and all-nighters will rear its ugly, dispassionate head. Yes — soon the fall will eclipse the summer, and the cacophonous melodies perpetuated by the parties of “welcome week” will shatter the virtue of naive freshmen.

It is no surprise that I find this season a tad ... overwhelming. It is an awkward season for everyone involved. From the freshmen that are just starting school, to the townies that have lived here much of their lives, there is a sudden shift in the nature of this place that happens during the last week of August through the first week of September. Graduations of change aren't a thing that often happen in this town. It is gener-

ally sudden, an abrupt break.

Perhaps I'm too sensitive when it comes down to it. But personally, I prefer the town when it's mostly empty. As a student who has spent nearly every summer in town, there is something enticing about having breathing room while still having access to the amenities of a metropole.

That's not to say that the enclave of students returning doesn't have its upsides. For instance, the uptick in activity lends the city a quality of mysticism. As the town swells, so does the uncovered, the undiscovered. People from all across the country and the world draw culture into Ann Arbor. Not to say that Ann Arbor doesn't

have its own, organic culture — but the *globalist mystique* begins to saturate the city around this time, and the two tend to intermingle and learn from one another.

There's a caveat here. One has to be open to the local culture to learn from it, and vice versa. If you're a student at the university, and you're reading this, there's a good chance that you're interested in this aspect of culture — and would like to understand something other than the dominant, global culture. If so, I urge you to get involved: participate in local activities, talk to local people, and most importantly, keep reading Groundcover News!

Learning to share the streets of Ann Arbor

To those who are currently students at the University of Michigan:

I, also, am currently a student at the University of Michigan. The University of Michigan is a prestigious university and, as The Michigan Daily reports, was recently ranked as the nation's number one public university by The Wall Street Journal and Times Higher Education U.S. College Rankings. Yes, this school does have hardcore academics and everyone here is receiving a great education. But, most courses do not offer students the opportunity to immerse themselves in the Ann Arbor community.

As I sat down during my freshman orientation to register for classes, I came across English 126, a community-engaged writing course, which would fulfill my first-year writing requirement. Little did I know, this class would also provide me with a unique lens into the Ann Arbor community as we paired with Groundcover News, a local newspaper that advocates and provides opportunities for the homeless and low-income populations.

On the first day of class, my professor went through an intimidating syllabus that outlined each assignment in extensive detail. I thought to myself, how am I going to write about homelessness for the next 14 weeks? I knew nothing about homelessness or its causes. I knew nothing about homelessness in Ann Arbor. But, English 126 changed that.

From my experience in learning about homelessness, I believe that while we can not completely eradicate homelessness, we can limit it. I believe that if American universities educate their students about homelessness,



CALLE HARWIN
UM Student contributor

students would better understand the complexities surrounding homelessness and the homeless population. By educating current Wolverines about homelessness, the students that come to Ann Arbor can begin to better understand the homeless population with whom they share the streets.

What the University of Michigan students need to know:

Recognize your privilege. You have housing, a meal plan and take classes at one of the best universities in the country. If you don't recognize your privilege, you will not be able to help those that are less fortunate than you. Realizing that you are privileged compared to others can come as a surprise to many as those who are privileged are not usually forced to think about it. It might be hard to identify and understand the layers of your privilege but doing so is vital for change to occur.

Hand in hand with privilege is the importance of participating in uncomfortable conversations about challenging issues. No one likes them, but we must have them. Generally, people don't like the feeling of not knowing, being put in their place, or being corrected by their peers. But, people also need to understand that it's okay not

to know something and more than okay to be wrong. People who allow themselves to have a growth mindset, who are open and willing to change, and have personal humility are the people who create progress. People hate uncomfortable conversations for obvious reasons, but taking a minute or two to participate in something that makes you uncomfortable is one step closer to recognizing the power of your privilege.

We must also recognize the presence of implicit bias. Why should you walk around with preconceived judgments about people you have never met? Why should you judge someone by the way they dress, walk or stand? Why should you be scared of someone who has never spoken a word to you? I am not saying that it's bad to follow your instincts, but it's important to acknowledge that your instincts can be wrong. Walking around with preconceived biases is dangerous to yourself and those around you. Simply, it's not fair. It's not fair to the homeless population as they are routinely judged when they are just doing their best to survive on a day-to-day basis.

Homelessness is not the fault of people experiencing homelessness. This is a common misconception that needs to be resolved. Homelessness is not the fault of the individual but is a systemic issue that is the fault of American values that prioritize people of higher socioeconomic status. Homelessness is more unpredictable than people might think. Homelessness can creep up on you before you can stop it from taking over. One day you can have a stable job, and the next, your company may shut down. Stable employment is gone. Stable salary is

gone.

Homelessness can be caused by a myriad of factors. Most frequently, though, homelessness is the result of unemployment, family situations, addiction, mental health ailments and a general lack of resources. Don't blame a person who is homeless for the situation they are in. Trust me, they don't want to be in that situation either. It's not their fault.

Perhaps the most valuable aspect of learning about homelessness is the change that follows education. As a freshman at the U-M, I am now hyper-aware of comments made about the homeless population in Ann Arbor. I am more confident in standing up to those who make comments, even if it makes them uncomfortable because, as stated above, being uncomfortable is good when pressuring for change.

Learning about homelessness has allowed me to begin to educate others in small doses. Standing outside in the cold, waiting to be seated at a restaurant, my friend said she had “felt homeless.” To give context, my friends and I were standing outside of a nice restaurant, waiting for a nice meal, and thankfully had coats to keep us warm. We also happened to be standing across the street from a little park where homeless people in Ann Arbor sometimes gather for a clothes drive. When my friend made this comment, I gained the confidence to make the point that she shouldn't be saying that as there are people who are actually suffering from homelessness across the street and we were waiting to eat a meal in clothes that keep us warm, which homeless people might not

see **LEARNING** page 12 ➡

OCED launches low income household water assistance program

OFFICE OF COMMUNITY & ECONOMIC DEVELOPMENT
Collaborative solutions for a promising future

WASHTENAW COUNTY
LIHWAP PROGRAM

LOW INCOME HOUSEHOLD
WATER
ASSISTANCE
PROGRAM

CLIENT ELIGIBILITY

- A residential account holder
- Have arrears or disconnected status
- At or below 150% Federal Poverty Limit

A LIHWAP payment will guarantee service for at least 90 days after receipt of payment

PROGRAM BENEFITS

- Up to \$650 in direct payment assistance
- Assistance w/ paying past due water bills or fees to reconnect services when they are shut off

Participating Providers

- City of Dexter
- City of Milan
- City of Saline
- Superior Township
- Sylvan Township
- Village of Manchester
- Ypsilanti Community Utilities Authority (YCUA)

To see an updated provider list, visit Washtenaw.org/LIHWAP

150% Federal Poverty Chart

# of Household Members	1	2	3	4	5	6	7	8
Income Limit Annual	\$20,385	\$27,465	\$34,545	\$41,625	\$48,705	\$55,785	\$62,865	\$74,665
Income Limit Monthly	\$1,699	\$2,289	\$2,879	\$3,469	\$4,059	\$4,649	\$5,239	\$6,189

APPLY ONLINE: washtenaw.org/lihwap
Or call: 734-544-6721

What's Happening at the Ann Arbor District Library

Open 10am–8pm Daily

Hang out in any of our five locations across town, browsing books, magazines, newspapers, and more, or check out movies, CDs, art prints, musical instruments, and science tools—you name it! Study and meeting rooms, fast and free WiFi, and plenty of places to sit and hang out.

Print Stuff at AADL

Need to print forms, essential documents, applications, or homework? We can help! We can print up to 30 pages per person per week at no charge and have your items ready to pick up at the library of your choice the next weekday. AADL.org/printing

Bookable Meeting Rooms

Book a meeting room with your AADL card. We have 10 available meeting rooms across the system that you can reserve for up to two hours per day, 12 times per calendar year. They're also available on a first-come first-served basis. To book a room, visit AADL.org/rooms.

FEATURED EVENT

The 57 Bus by Dashka Slater

AADL's 2022 Big Gay Read is Dashka Slater's award-winning *The 57 Bus*. The Library

has events planned throughout the month of September where community members can discuss the book and engage in content and themes around it. The highlight event is a visit to the Downtown Library from Dashka Slater on **Wednesday (September 21) at 6pm**. For more information visit aadl.org/thebiggayread.

THE BIG GAY READ

Celebrate workers for peace and freedom

We’ve learned something about essential workers since the appearance of SARS-CoV-2 in our world. If we work on what needs to be done, everyone will be well fed, comfortably housed and healthy. Imagine creating *that* cultural-political economy.

“Elementary, my dear Watson” is a famous quote from Sherlock Holmes. What is the great mystery staring us in the face? How can we have overproduction and waste with a monster military propaganda machine to keep expanding a system of exponential wealth accumulation for fewer people?

To face this reality, I take a breath and cultivate a fearless, open mind that aspires to do something good. There is help available if we follow our curiosity and imagination. Our ancestors live in our bones and in the empty space from which all appearances arise. Grant your blessings that we move forward in the right direction, stand our ground with calm and clear confidence or retreat with discipline.

Study history, be present now and consider the future. Martin Luther King Jr. is the patron saint of the Freedom Movement in its civil rights stage as it moved towards social and human rights. Ella Baker, as one of his mentors, had a very complete view on these stages of the path and he took her to heart. “Fundl” is the captivating educational documentary of her life.

There are many freedom fighters in history and some of them moved towards satyagraha, truth force or non-violence, as a marker on the stages of the path. A major obstacle in the age of imperialism is American Exceptionalism which is especially dangerous for us because it creates the



supremacism we are familiar with on the world stage. There is a world of people outside the U.S. that watches their wealth go to investors and then follow the money trail. We have economic and climate disaster refugees at our borders. Some stay in their home country and organize anti-imperialist popular movements. Many die in U.S.-funded civil wars and regime change operations. Cuba is the one I know best. The Bay of Pigs and the Cuban Missile Crisis were hot points of the Cold War.

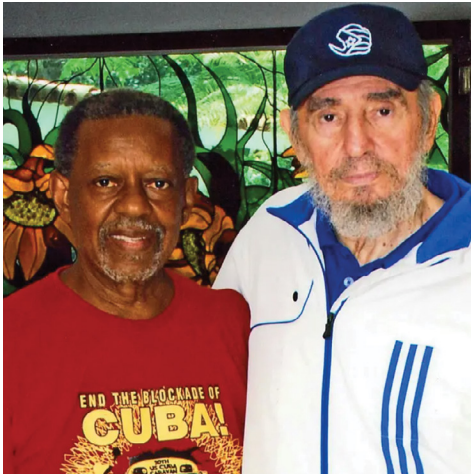
Can homo sapiens remember their wisdom tradition and recognize vanguard workers, including intellectual workers, so that we begin the work that matters and benefits all our relations? When the student is ready the teacher will appear!

Rev. Lucius Walker Jr. was an African American preacher who was a skilled community organizer in Milwaukee. He became known as an empowering presence for all who come with a clean heart. As Executive Director of the Interreligious Foundation for Community Organization he was on a fact-finding mission to Nicaragua in 1988 when they were attacked by the Contras.

Two were killed and Lucius was wounded. From a hospital bed in Nicaragua Lucius said, “I knew exactly who paid for those bullets,” and he was inspired to found Pastors For Peace to organize caravans of humanitarian aid to victims of U.S. foreign policy. They were so popular as an expression of international solidarity that they spread from Nicaragua to El Salvador, Guatemala, Cuba and Chiapas. I worked closely with Pastors For Peace from 1992 until Lucius’ death on Labor Day in 2010. Lucius was a vanguard worker who brought theory and practice to a living revolutionary expression, a friend of Fidel, a hero of workers worldwide and worthy of special honor on May Day and Labor Day.

In 1993 the U.S. government confiscated a school bus at the Mexican border. It was declared to be a national security threat if it went to Cuba. Lucius and three others occupied the bus and went on a hunger strike that lasted 23 days. The support team and emergency response committees everywhere helped win that struggle. As Lucius said, “The hunger strikers were the tip of the iceberg, the people were the mass who could defeat the ship of imperialism!” *Who’s Afraid Of A Little Yellow Schoolbus?* is the inspirational documentary that I hope we watch together.

Once upon a time I picked up Lucius at Detroit Metro airport for an event at Central United Methodist Church. We glowed in each other’s presence. I asked him if he read Amilcar Cabral and he said “Yes, in fact I’m going to quote him tonight!” I responded with “Tell no lies, claim no easy victories.” He looked at me as if I had stolen his



Rev. Lucius Walker (left) pictured with Fidel Castro (right) in Havana, Cuba in 2009. Walker was the founder of Pastors For Peace and an activist to end the embargo on Cuba. Photo credit: Reuters.

thunder but we quickly smiled at the importance of “Return To The Source,” the collection of Amilcar Cabral’s writings and speeches.

We need ongoing study so as to be prepared for the work that needs to be done. Knowing that all actions have results we will look at our everyday work and learn to live the universal ethic, “From Each According To Their Ability, To Each According To Their Need.”

Labor Day is a powerful transformation for many of us as we recall sacred work and look at what needs to be done. This coming Labor Day (Monday September 5), the Ann Arbor Coalition Against War is working on a peace and freedom contingent in Ann Arbor and Detroit. The struggle continues. Grant your blessings that we meet in work and play and discover our true heart.

Truth or lies: The voice

FELICIA WILBERT
Groundcover vendor No. 234

“Stand a little taller doesn’t mean I am lonely when I am alone.” The lyrics were playing on the radio. Sharah was listening to the stereo system she purchased last month. She was cooking her dinner and studying for her mid-term exams. “Change your locks and tell no one,” a voice said. Sharah did not pay it any attention; she shrugged it off thinking she was hearing things. She continued with her evening, and went to bed early anticipating tomorrow’s exams.

The next morning she turned on the TV to catch the morning weather report as she often did while getting ready for her day. Then there the voice was again,

“Change your locks and tell no one” — the voice she had heard from the radio last night. Sharah ran from her bedroom into the living room, startled; she was looking and listening for the voice. Did it come from the TV? She looked over at the TV and the news report was warning everyone about a serial killer. He had just abducted another woman. They were asking for information on the unknown killer and the missing woman.

Sharah was so engaged in the news report, she did not realize time had passed quickly. She grabbed up her books and got on her bicycle, rushing to class. When she arrived on campus a man bumped into her knocking everything out of her hands. He apologized

and helped her with her things. He introduced himself as Paul Switz, the new maintenance man on campus. Sharah did not smile at him, thinking “What a klutz bumping into me.” She grabbed her items and left without speaking. Finally she arrived five minutes late, feeling embarrassed. “Thanks to Mr. Klutz,” she thought.

It was late when Sharah finally got home. She opened her apartment door and entered as a different feeling of uneasiness over her. There was something out of place but she could not pinpoint it. She was uneasy for the first time in her nine months living on campus. She looked around and could not find anything but her items in place. She decided to just throw herself into

her normal routine. turning on the radio and studying to ease her tension. While getting ready for bed she heard the voice again, “Change your locks and tell no one.” Sharah was startled. However, while laying in bed she thought to herself, “I can do it, thanks to my dad who was a great locksmith. With the news report flashing through her mind, she dozed off to sleep.

The next morning, rushing to class to take the last two exams, she forgot all about going to the hardware store. Returning home late that evening she promised herself to go tomorrow for the locks. That feeling of uneasiness returned and she searched her

see THE VOICE page 8 ➡

My 100 favorite movies



Hey everyone, I’m Jay. If you know me then you know I’m an avid movie watcher. I’ve definitely acquired the 10,000 hours of film watching experience to consider myself an expert. I say expert instead of professional due to the fact that I haven’t been paid for it, yet.

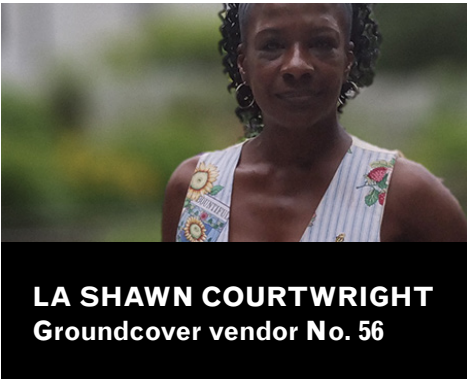
Recently I have been discussing films with some different backgrounds. In conversation, the lines were drawn to distinguish classic films, debatable, great and so on... Surprising to me were the films that people had never seen. Since I have the ability to put my opinions out to our community, I am!

Now I’m asking that everyone take into account that this list is MY favorite movies ever. They are in no particular order, just what came to mind while coming up with it. Please feel free to see me at my corner (Main and Liberty) and discuss your thoughts with me.

1. Shawshank Redemption
2. Forrest Gump
3. Training Day
4. National Treasure
5. Titanic
6. Big
7. John Q
8. Coach Carter
9. Menace II Society
10. To Kill a Mockingbird
11. Malcolm X
12. The Color Purple
13. The Lincoln Lawyer
14. Jerry Maguire
15. The Place Beyond the Pines
16. New Jersey Drive
17. The Lion King
18. Shrek
19. Finding Nemo
20. Toy Story 2
21. Home Alone
22. Halloween
23. Belly
24. Hardball
25. The Notebook
26. Wildcats
27. Lean on Me
28. Teenage Mutant Ninja Turtles (1990)
29. Mooz-lum
30. Hush
31. Black Panther
32. Star Wars
33. House Party
34. The Mack

35. Jackie Brown
36. Friday
37. Boyz n’ the Hood
38. Trading Places
39. Brewster’s Millions
40. Harlem Nights
41. Coming to America
42. Casino
43. Goodfellas
44. The Godfather 2
45. Pulp Fiction
46. Reservoir Dogs
47. Kill Bill
48. The Matrix
49. Back to the Future
50. Life
51. The Outsiders
52. Scream
53. The Truman Show
54. I’m Gonna Git You Sucka
55. Tropic Thunder
56. Incredibles 2
57. Rocky
58. Three Ninjas
59. Annie
60. Juice
61. Paid In Full
62. New Jack City
63. The Jacksons: An American Dream
64. The Five Heartbeats
65. ATL
66. Love Don’t Cost a thing
67. Transformers 2
68. The Last Dragon
69. Selena
70. Ray
71. The Goonies
72. The Usual Suspects
73. A Christmas Story
74. Harry Potter(s)
75. Grandma’s Boy
76. E.T.
77. Free Willy
78. Meet the Parents
79. Starsky and Hutch
80. Billy Madison
81. Big Daddy
82. Grown Ups
83. US
84. Step Brothers
85. Deep Cover
86. The Wood
87. The Wolf of Wall Street
88. Homeward Bound
89. Get Out
90. The Departed
91. Rosewood
92. Walk Hard: The Dewey Cox Story
93. Bad Boys
94. Ferris Bueller’s Day Off
95. Blow
96. Dead Presidents
97. The Breakfast Club
98. Clueless
99. The People Under the Stairs
100. Pretty Woman

Emotions



Didn’t know how to deal with all of the emotions
I often felt at one time
Most of them did not belong to me
They were the ones I was dealt
Those seem to be dominating any and every part of my own
Feelings that remained or not usually felt
No one to tell about what I was feeling
I didn’t know how to be vulnerable
Cause every time I opened up about these things
Most of the times the person I’d tell
Made me feel more ashamed, of what I had revealed to them,
Cause basically it wasn’t what I told them
It was me as a whole...
they were not ready or willing to accept
When they had hurt me
My other emotions conjured an escape emotion
In the form of a miracle drug
It seemed at the time
It was a temporary fix,
that made my mind fly to the sky,
as high or above the mountains peaks
At least that is what, how I was feeling,
for that moment, I thought, I think
My feet were not on the ground
The drugs’ effects had lifted me up out of harm’s way
For a lil while I had managed my own escape
Then came the emotions of the comedown
Oh, what a let down!
Again, that, those emotions were
right back there again
They’re Not a Game

St. Francis of Assisi Parish

"If God were your Father, you would love me,
for I came from God and am here;
I did not come on my own, but he sent me."
+ Christ Jesus (John 8:42)

Come Worship With Us!

Mass Schedule

Saturday 5 pm (English) & 7 pm (Spanish)
Sunday 8:30 am, 10:30 am,
12:30 pm, 5 pm

2250 East Stadium Blvd., Ann Arbor
www.StFrancisA2.com 734-821-2100

National 988 Lifeline for mental health launched: what does that mean for Washtenaw?

SALLY AMOS-O'NEAL
Washtenaw County Community Mental Health

Launched in July 2022, the 988 Suicide and Crisis Lifeline is a national behavioral health initiative, backed by the U.S. Substance Abuse and Mental Health Services Administration (SAMHSA). The 24/7 line is designed to provide a more appropriate pathway for mental health emergencies than 911.

Washtenaw County residents can now call or text 988, or call Washtenaw County Community Mental Health (WCCMH) directly at 734-544-3050, 24/7. Washtenaw County Community Mental Health staff suggest residents call the local number to reach local providers as quickly as possible.

"We're thrilled to see the launch of 988 and federal investment in the growing need for crisis and behavioral health services," says Trish Cortes, executive director of WCCMH. "But we want Washtenaw County residents to know that they can also call us directly, anytime — whether it's a crisis situation, figuring out how to get connected to care, or simply learning more about their options for support."

How 988 works

When a person calls 988, they will hear an automated message and follow guided options while their call is routed to a state or local crisis center. Because not all local jurisdictions are equipped to handle mental health crisis calls 24/7, Michigan is routing its calls to the 24/7 Michigan Crisis and Access Line (MiCAL).

MiCAL provides crisis and informational services for those who call and then connects callers to their local system of care. This means that Washtenaw County residents will, in most cases, be connected with Washtenaw County Community Mental Health after calling 988.

Washtenaw County's CARES hotline is staffed around-the-clock with trained mental health professionals who provide 24/7 access to mental health and substance use screenings, referrals to community providers, and guidance on how to get connected to services. Therefore, calling 734-544-3050 remains the quickest way for people in Washtenaw County to get connected to a local mental health professional.

In some situations, it may be more useful to call 988 or MiCAL. The 988 line offers both text and chat functions, in English only, which may be helpful

to those who are less comfortable speaking on the phone.

MiCAL callers can also connect quickly with people in recovery who have experience with mental health or substance use issues. MiCAL's certified peer and recovery coach warmline is available every day from 10 a.m. to 2 a.m. at 1-888-733-7753. While WCCMH also employs peer support

specialists, the MiCAL warmline is a quick and easy way to speak with on-call peer and recovery coaches.

WCCMH's 24/7 hotline and crisis capacity is bolstered by the county's Public Safety and Mental Health Preservation Millage — which funds staff and programs available to all county residents, regardless of their insurance status or ability to pay for services.



Call for mental health or substance use support

General information | Referrals
Appointments | Crisis response

734-544-3050

THE VOICE from page 6

apartment, not finding anything different. What Sharah could not and did not find was the camera. Paul the maintenance man had placed it in her closet two days earlier. Feeling scared she decided to listen to the radio and go to bed early. Almost asleep the voice stated again, "Change your locks and tell no one." Sharah sat straight up in bed looking around wondering if what she heard was real.

Arising early the next morning thinking about the voice, Sharah quickly got dressed and went to the hardware store. She purchased a set of locks for the front and back door. She could not wait to get the job done, thinking maybe it would ease her fears. She needed the tool box stored in her bedroom closet. While retrieving it she noticed a glimmer of light. "What could that be?" she thought. Upon her inspection, moving everything from around it, she found a camera. "Who could have placed it here, how long has it been here, and was it here before

I moved here?" she thought. The thought of someone watching her scared her even more. Sharah did not know what to do or think about the camera so she closed her closed door for the first time since living there. Finding her tools she changed her locks. Later that evening she decided to take a bath, too scared to turn on the radio or TV. Before she could get in the tub she heard a scratch, scratch, and turning noise coming from her front door. Frightened, she kept quiet listening. Her door knob kept turning back and forth slowly. She dialed 911. When the Alburn police arrived they spotted a man hiding in the bushes peaking into a window.

There was a knock on the door. Sharah was shaking and scared. The knock got louder as she approached the door. "Alburn Police Department!" a voice shouted, "Anyone home?" Sharah looked through the peephole then opened it with a sigh, relieved to see them. Before she could speak the official informed her about the man in the bushes outside of her window. He

then asked her if she was all right or injured. Just then she remembered the camera in her bedroom closet. Sharah led the officer to the camera. He grabbed an evidence bag and gloves to retrieve it. The officer gave her a report number and informed Sharah that there would be an investigation and that he would call her concerning his findings.

Two days had passed since the arrest and the last time Sharah watched the news. Her favorite program, "The Golden Girls," was airing in a few minutes. "I'll watch TV to keep my mind off the arrested man and the camera," she thought. Just then a breaking news report, and the phone rang. "Hello," Sharah answered. "Hi, it's Sergeant Lockwee from the Alburn Police Department. (Playing in the background, the news showed an arrested serial killer). I am calling to inform you that the man who was arrested at your house is the serial killer we had been seeking." He added that they found the last victim alive and unharmed, just devastated. Then the Sergeant

informed her that she did not have to testify due to the overwhelming evidence they found in his home.

Sharah then asked the sergeant what was the man's name, since she had just missed the news report. The sergeant said "Jacup Gurden is his real name. However, he used his deceased cousin's name, Paul Switz, to obtain a job at the university." He further explained how he had a master key to all the dorm room apartments, lots of cameras and chloroform ready for use in his home. That's how he was stalking and abducting his unfortunate victims. Sharah hung up the phone with the sergeant, and wondered if Paul Switz had bumped into her on purpose, maybe to abduct her then! She thought gratefully about the voice; "Change your locks and tell no one!"

Truth or Lies is an original column written by Felicia Wilbert. Every short story published under the column is either "truth" (fiction) or "lies" (non-fiction). Readers have to wait until the September 15 issue to check if "The Voice" is truth or lies!

Sudoku

★★★☆☆ 4puz.com

8		4	5		7	1		2
	7		8		9		4	
		5				9		
9			3		1			6
				9				
3			7		8			1
		6				5		
	3		1		5		6	
5		8	9		6	3		7

Fill in the squares so that each row, column, and 3-by-3 box contain the numbers 1 through 9.

Groundcover Vendor Code

While Groundcover is a non-profit, and paper vendors are self-employed contractors, we still have expectations of how vendors should conduct themselves while selling and representing the paper.

Groundcover vendors, especially vendors who have been suspended or terminated.

- I agree to treat all customers, staff, and other vendors respectfully. I will not "hard sell," threaten, harass or pressure customers, staff, or other vendors verbally or physically.

The following is our **Vendor Code of Conduct**, which every vendor reads and signs before receiving a badge and papers. We request that if you discover a vendor violating any tenets of the Code, please contact us and provide as many details as possible. Our paper and our vendors should be positively impacting our County.

- Groundcover will be distributed for a voluntary donation. I agree not to ask for more than the cover price or solicit donations by any other means.
- When selling Groundcover, I will always have the current biweekly issue of Groundcover available for customer purchase.
- I agree not to sell additional goods or products when selling the paper or to panhandle, including panhandling with only one paper or selling past monthly issues.
- I will wear and display my badge when selling papers and refrain from wearing it or other Groundcover gear when engaged in other activities.
- I will only purchase the paper from Groundcover Staff and will not sell to or buy papers from other

the influence of drugs or alcohol.

- I understand that I am not a legal employee of Groundcover but a contracted worker responsible for my own well-being and income.
- I understand that my badge is property of Groundcover and will not deface it. I will present my badge when purchasing the papers.
- I agree to stay off private property when selling Groundcover.
- I understand to refrain from selling on public buses, federal property or stores unless there is permission from the owner.
- I agree to stay at least one block away from another vendor in downtown areas. I will also abide by the Vendor corner policy.
- I understand that Groundcover strives to be a paper that covers topics of homelessness and poverty while providing sources of income for the homeless. I will try to help in this effort and spread the word.

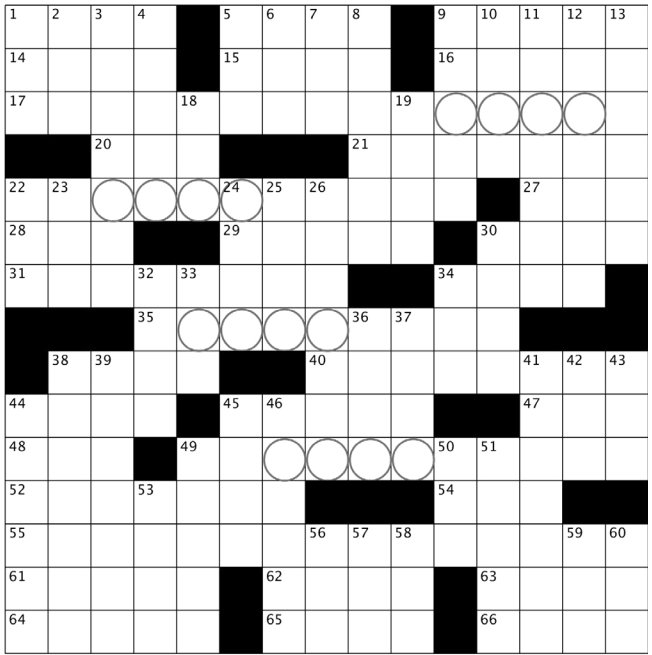
If you would like to report a violation of the Vendor Code please email contact@groundcovernews.com or fill out the contact form on our website.

Deal With It Peter A. Collins

- ACROSS**
1. Ensnares
 5. Havana's land
 9. Supplement
 14. First line on many forms
 15. Jacob's twin
 16. Dubuque dweller
 17. Field day contest
 20. One step ___ time
 21. Dig up
 22. Some moth-proof containers
 27. 7, on a sundial
 28. Agnus ___ (Mass prayer)
 29. Ceases
 30. Religious offshoot
 31. Right side of a highway
 34. Red ink entry
 35. Fermented fruit drink
 38. Barrymore of "E.T."
 40. Forest canopy
 44. Frost, for instance
 45. Courtroom panelist
 47. Shapiro, of NPR
 48. Terminate
 49. Saltine
 52. Prohibited
 54. Go bad
 55. Prepare for War, maybe (and a hint to the circled letters)
 61. Examine the books
 62. Walk unsteadily
 63. Bit of bread?
 64. On edge
 65. Dropped
 66. Great quantity

DOWN

1. Big bang creator
2. "Hurray!"
3. Traffic and weather source, for many
4. "The Hunger Games" boy
5. Animation still
6. Operate
7. Doggie ___
8. Month without a national holiday
9. Senate assistants



Peter A. Collins

10. Explorer of kids' cartoons
11. Bashful bunch?
12. Maneuvers
13. Kind of wonder
18. Corn unit
19. Tolkien tree dwellers
22. S&L investments
23. Wiggly swimmer
24. Blacken
25. Horse's height unit
26. Princess of Greek myth
30. Do a laundry day chore
32. Make sharper
33. See 42-Down
34. Big name in jeans
36. Sporty Camaro
37. Author Earl ___ Biggers
38. Bygone talk show host Phil
39. Pink dogwood relatives
41. Acorn producer
42. With 33-Down, common undergrad curriculum
43. Respectful title
44. Watched a couple of boxers, maybe?
45. "Piano Man" singer Billy
46. They're pulled on a dairy farm
49. Sentimental sort
50. Parabolic path
51. Harbaugh or Howard, at Michigan
53. "Think nothing ___"
56. Social affair
57. Layer in a chicken coop?
58. Animal on the Michigan state flag
59. Crime lab stuff
60. Crankcase additive

LOGIC PUZZLE

JAN GOMBERT
GROUND COVER CONTRIBUTOR

Imagine that you have three boxes, one containing two black marbles, one containing two white marbles, and the third contains one black marble and one white marble. The boxes were labeled for their contents — BB, WW and BW — but all of the labels are incorrect. You are allowed to take one marble at a time out of any box, without looking inside, and by this process you are to determine the contents of all three boxes. What is the smallest number of drawings needed to do this and how do you do it?

Bethlehem United Church of Christ

whoever you are, and wherever you are on life's journey, you are welcome here

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Bethlehem Church is home of the Groundcover office



SEPTEMBER 2022 EVENTS AT BETHLEHEM

SAVE THE DATE - OCTOBER 9 - ANN ARBOR CROP WALK 2022

More information at:

<https://events.crophungerwalk.org/2022/event/annarbormi>

Please visit the church website at: bethlehem-ucc.org for the most up-to-date calendar and event information.



Sunday Worship Time
10:00 am In-person
and via Live Stream and Radio Broadcast



Daniel

RUTH BISHOP AND SARAH JABOUR
The Storytelling Project

We first met Gary and Daniel as part of the shelter in rotation program at the Ann Arbor Christian Reformed Church (AACRC) during the first wave of the COVID-19 pandemic. At the time, the Shelter Association of Washtenaw County utilized various community spaces, including churches, to allow people to better socially distance themselves since the Robert J. Delonis Center could not accommodate everyone safely. Gary and Daniel also met each other while staying at the AARC and became friends and then roommates.

After Gary and Daniel received Section 8 housing, their lives dramatically changed. They moved into a modest apartment in Ypsilanti as roommates. Both Daniel and Gary were able to better manage their medical conditions. Daniel initiated treatment for his opioid use disorder.

Gary’s alcohol use disorder and management of his cirrhosis-related complications seemed to improve, as well.

The stability and health benefits provided to Daniel and Gary through housing cannot be understated. In numerous instances, we saw how housing and health were intertwined, and how the Section 8 voucher protected Gary and Daniel from eviction and further bouts of homelessness. For example, Daniel had to quit his job at the grocery store due to pseudogout; the pain in his foot made it nearly impossible for him to walk let alone stand up for his 8 to 10 hour shifts cutting meat at the deli. Gary was able to use his social security check to support both him and Daniel while Daniel registered for disability.

Gary and Daniel kindly shared their stories and experiences of homelessness with us. We are extremely grateful to them for their friendship and are in awe of their resiliency in the face of so many challenges.

Childhood Memories

I was born in 1959 and was the oldest of three boys growing up in Adrian, Mich. But they always say that I am the youngest brother, because I am the best looking in my family. That’s what they say!

I grew up with my dad helping the migrants coming from the south. Most of the minorities who had come from the south had gone into the car business like my dad. He was a plant manager for Dura Automotive Services. His parents were farmworkers. His father was from Mexico but his mother wasn’t. She [my father’s mother] was a good woman from what I hear; very strong. My grandfather was a bad alcoholic. My mom is also of Mexican heritage and is originally from Brownsville, Texas.

My mom and dad were affiliated with the Cesar Chavez movement in the 1970s in Michigan, Indiana and Ohio. Cesar Chavez has been at our house two or three times; his younger brother Richard Chavez has been there, too. My mom and other women involved with Adrian’s affiliate of the United Farmworkers labor union cooked for them. So I grew up with all the politics of the 70s.

Growing up, I had to picket at grocery stores for 10 hours a week because their suppliers were spraying pesticides on the farmworkers and the women were giving birth to deformed kids; people were getting cancer. We managed to close two grocery stores in Adrian, Mich. If I didn’t picket, I couldn’t go to baseball practice. I hated it. You were out there with a sign, and all my friends from elementary school would see me and ask “What are you doing out there, dummy?” They’d make fun of me.

At first this all kind of f***ed me up, but my Ma goes, “Well son, try to explain to them what it is you’re doing. That’s all you can do. One of these days you will understand why you did it.”

Now I know why they made me do it. That was just my parents’ beliefs,

and they were just trying to show me in their own way how to be a good person.

...

I see my dad in myself, and I love that. I learned a lot from him. My dad was a good speaker and a good listener. He helped a lot of people in the 70s and 80s. My dad was also a Marine. He was like a drill sergeant. That is why I make my bed every morning.

I got a way with words, too, like my dad. I learned how to speak to people from my dad and learned generosity and peace from my mom.

My mom is a very peaceful person; she loves children. That is why she was a teacher’s aide for 30 plus years in Adrian Public Schools. She is just a beautiful woman. She is a good listener because there were a lot of times when kids would not have money to go on a school trip, so my mom and dad would put their pennies together and they’d pack a lunch for them and pay for their trip. And there were a lot of times when my dad got on the phone with his friends for help and everybody pitched in to help us, too.

Young Adulthood

After graduating high school, I went to Western Michigan University for two years and was studying general education. I wanted to be a sportscaster, like Bernie [Smilovitz] on Channel 4. I’ve always loved sports. I lettered in both baseball and football in high school. I lived in the athletic dorm and tried to make the Western Michigan baseball team and was the second to last one to make the cut.

My brother caught meningitis while I was in college and was at the University of Michigan hospital for three months. I stayed with him since both of my parents were working; I just slept there with my brother. I got behind on classes at Western and never went back.

...

After that I lived in Houston and worked in the oil fields. My cousin

called me up [for the job]; I left on Friday, got there on a Sunday, and I started work on a Monday. I worked for 15 to 16 dollars an hour. I was working in an oil refinery as a maintenance worker. I worked like a dog; 6 a.m. to midnight. My ex, my boy’s mom, had just gotten pregnant. I could have stayed here in Michigan and worked in a factory, but working in a factory is just, you are in one spot, it’s repetitive all day. I couldn’t do that.

In Texas, I played semi-pro baseball. I played with guys who should have played ball in college. I took it seriously; I was very competitive. I was good at it — not bragging or nothing. I had a good arm. I probably drank a little too much and probably did a little too much speed at that time, but I went to work every Monday. I played four nights a week and then had tournaments every weekend. I would sometimes pull up to work in my softball uniform and go to the bathroom to change because I would play until the wee hours on Sunday then drive two to three hours back to Houston. I slept in my car a lot. It was fun though.

...

When my ex left me in 1983 or 1984 — this beautiful blonde woman with bright blue sapphires for eyes — I fell apart. I went to the bar and drank and drank and drank and then tried to drive home. I got into an accident and ended up in jail for a while. That experience completely derailed my life. I got into the party scene — cocaine, heroin — I burned through more money than you could believe on drugs, booze and women.

I was in Houston for 11 or 12 years before I came back to Michigan in ‘93. I had to, otherwise I would have gotten killed over there. It got very bad. I was into drugs big time. I was bringing hundreds of pounds of marijuana to Michigan for my cousins. My cousin’s wife owned the only weigh station in the Rio Grande Valley. Vehicles coming from Mexico would go through that weigh

see **DANIEL** next page ➡

➡ **DANIEL** from last page

station; there were thousands of dollars worth of drugs coming through. I would pick up a vehicle and drive it up to Michigan or Iowa. I would probably drive twice a month and was paid \$5000 a load. It was all marijuana. This was when the good marijuana was from Mexico during the 70s and 80s. When my cousins got into coke, I did not get into that. If you got caught with a lot of coke, you’d get a life sentence. Finally my dad told my cousins: “I don’t want Daniel doing that no more.”

Living with Addiction

Every morning I wake up and I think — I am a drug addict. It’s just hard. I’ve overdosed three times in my life. People around me are dying of an overdose all the time.

I’ve been doing drugs since I was 14 years old, starting out with coke. I did not start shooting up heroin until I was 50 years old. At the time I was staying with a girl in Toledo, Ohio, where I was working as a caretaker for a family, and she got me caught up in it. Once you shoot dope, you get a euphoria — a feeling that goes all through your body. It’s a really, really good rush. It’s hard to get away from that feeling once you experience it. When you withdraw from opioids you feel like you have the flu. I have gotten to the point where I would have to use it to just feel normal, to not feel sick.

I have been to rehab three times, twice in Toledo and once in Michigan. I am in an outpatient program right now with St. Joe’s. The meetings are on Zoom due to COVID, which is really hard for me to connect with. I really wish they had meetings in person.

Experiencing Stigma from the Healthcare System as a PWUD (Person Who Uses Drugs)

A couple years ago, I got a needle stuck in my arm [while injecting]. I delayed going to the hospital; I was so embarrassed. I walked to the emergency room because my arm had swelled up.

A nurse — I don’t know where she was from or if she knew I was Hispanic or nothing, but all she did was talk about how the Mexicans got away with this and got away with that ... I almost said that you need to shut the f up, don’t you know I am 100% Mexican. And it was humiliating because the first thing the medical team asked was, “How did you get the needle stuck in your arm?”

Umm duh? Could you say it any freaking louder? Everyone could hear everything through those hospital curtains.

Then my doctor came in and scolded me like crazy. He said stuff like “Aren’t you too old to be using drugs?” and stuff like that. I bit my tongue and took a good ass chewing. I talked to my nurse and told her I did not want that doctor to return to my room otherwise I would kick him out. I never saw him again during the week I was in the hospital. I needed surgery to remove the needle and IV antibiotics for the bacteria in my blood.

Homelessness in Washtenaw County

I had been working doing vinyl flooring and tiles until the COVID-19 pandemic began and my boss was not able to pay me anymore. I had been staying at my cousin’s apartment, but he kicked me out. I went into work on a Monday morning, and he goes, “There’s a homeless shelter around the corner — why don’t you start staying there.” And I was like — “What, what did you say?” And he said, “Yeah, the homeless shelter. You’ve been staying here long enough.”

Kicking me out of his house was the biggest favor my cousin could have done for me. I’m glad that happened. It woke me up a lot. I started sleeping at the Delonis Center, but I hated it. We were squished together like sardines, and the smell was unbearable — dirty socks, booze and crusty men. As a light sleeper I couldn’t handle it. So I jumped at the opportunity to come join the rotating shelter at the Ann Arbor Christian Reformed Church. I met a lot of good people at AACRC, at the church and the volunteers. Being homeless, in a way, was a good experience for me — life is just about learning. Nothing is perfect. Take it as it comes.

Cooking as Therapy

I learned to cook from my mom. I went to school for two hours at Adrian High school then I’d get out early to help my mom. My mom worked as a teacher’s aide, so I’d end up working three hours of the day with her at the elementary school. I got high school credit for it. I would then go home while she was still working. She told me to chop this up, cut that up.

I helped my aunt and uncle with their catering company, too, off and on for 30 years. We got a lot of our products in Detroit at E&L Supermercado in Mexicantown. We would

buy 100 lbs bags of beans and rice and then of course we would buy Mexican pastries.

...

When I was staying at the Ann Arbor Christian Reformed Church shelter, I volunteered to cook because I liked it. I wasn’t getting paid. I could go up there and get lost for hours. Cooking relaxes me; it is part of my therapy. I have been around food all my life, authentic Mexican food. I tell everybody, cooking is an art. Every cook is different. A lot of how you cook, which is kinda crazy, depends on what kind of mood you are in. Cooking can release endorphins. And I believe in that. It’s just how food is.

Section 8 and Affordable Housing

Ian helped us. Ian was one of the best caseworkers at Delonis. He cared about people a lot. Ian left Delonis; his last day was on a Friday. That following Tuesday, he called me and said “I think I can get you a place.” I thought, “I’ve heard that before.” I had fired four of my case workers. I was a d***. I really was.

At the time, my ex was supposed to move down from Toledo to live with me. She was just lying through her teeth though. My friend called to say “Hey man, she is staying with another dude; she’s dating another guy.” So, I went through that s*** and I was like you know what, Gary and I kicked it. He was the first person I talked to at AARC, and we were the same age. We talked about Red Wing sports and stuff like that. We just kicked it and developed a friendship. And I thought, “Maybe this guy would be a good roommate?” And that’s what started the whole thing.

Ian connected us to Johnny from Avalon Housing. That man helped us a lot. He got the wheels going and boom! Before we knew it, in about three months we had a place. And there’s typically a waiting list for Section 8 housing vouchers for years. But we each got one and moved into an apartment in Ypsilanti.

Interdependent out of Necessity

I like helping people; I always have. We are basically running a halfway house here [at our apartment]. We’ve helped maybe 15 people over the past two years that we have been living here. People find out about us through word on the street, mostly because of me since I feed them.

People will come through and ask me if I have anything to eat. So I will make them food even if it’s just a sandwich. Only takes a minute. Then we will sit here and watch a movie or something. And I’ll try to talk to them a little bit. I tell them about my life’s experiences, what happened to me, and about my drug addiction. I tell them that I still have problems with it. I will always be a drug addict. A lot of it has to do with who you hang out with.

A lot of people [who use drugs] get lost because they don’t have no one to talk to. The way the system is right now, especially with COVID, a lot of institutions aren’t there for help. I think in the last three weeks, I have heard of three people who have passed away and there are two others in the hospital for overdose. It’s an epidemic, the fentanyl.

NEW VOLUNTEER MEETING

We need your help! There are lots of ways to get invovled with Groundcover News ... all skills, talents and interests are welcome to join our team!

- STAFFING THE OFFICE
- REPORTING FOR THE PAPER
- PROOFREADING
- WORKING ONE-ON-ONE WITH WRITERS
- COOKING + BAKING
- AND MORE!

Friday, September 30th, 6 p.m.
423 S. 4th Ave. (downtown Ann Arbor)

NO EXTRA TIME TO DONATE? BUY THE PAPER, READ THE PAPER, + TELL OTHERS ABOUT GROUND COVER NEWS!

Sweet potato and quinoa salad

ELIZABETH BAUMAN
Groundcover contributor

Ingredients:

1.25 lb sweet potato, cut in 1/2" dice
1 large red onion, cut in 1/2" dice
4 tablespoons extra virgin olive oil, divided
1 tsp ground chipotle powder
1 tsp ground smoked paprika
1/2 tsp kosher salt
1-1/2 cup cooked quinoa
Zest and juice of 2 limes
2 tablespoons honey
1 minced garlic clove
1 can of black beans, drained and rinsed
1 finely diced poblano pepper
3/4 cup chopped cilantro

Directions:

Toss the diced onion and sweet potato with one tablespoon of olive oil, ground chipotle, paprika and salt.



Roast at 400 degrees F for 20 minutes.

Whisk together 3 tablespoons extra virgin olive oil, lime juice and zest, honey and garlic.

Combine all ingredients and toss. Serve warm or chilled. Refrigerated, this will keep well for 3 days.

This recipe is shared by Sarah Gordon, my daughter, who is so lucky to be a part of our wonderful family filled with great cooks and bakers. A delicious addition to autumn meals.

PUZZLE SOLUTIONS

8	9	4	5	6	7	1	3	2
2	7	3	8	1	9	6	4	5
6	1	5	2	3	4	9	7	8
9	5	7	3	4	1	8	2	6
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3	6	2	7	5	8	4	9	1
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7	3	9	1	8	5	2	6	4
5	4	8	9	2	6	3	1	7

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T	R	A	P		C	U	B	A		A	D	D	T	O
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31	S	L	O	W	32	L	A	N	E			34	L	O
				35	H	A	R	D	C	36	I	D	E	R
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44	P	O	E	T		45	J	U	R	O	R		47	A
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												51	C	K
52	T	A	B	O	53	O	E	D				54	R	O
55	S	H	U	F	F	L	E	T	56	H	E	57	C	A
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64	T	E	S	T	Y				65	S	A	N	66	H



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➡ LEARNING from page 4

have access to. Although I made my friend uncomfortable, it was important for her to recognize and acknowledge her privilege.

At this point, policymakers are not going to be able to enact effective change towards the eradication of homelessness. Even if the government were to enact policies, people need to be fully on board with the contents of the policy and genuinely want to make a change.

Change starts in the younger generations. Younger generations have the opportunity and extreme privilege to learn about homelessness and I believe that great change can be made to modify people's perspectives of the homeless population. Making

younger generations appreciate and aware of the homeless community, whether in Ann Arbor or other cities, is key in alleviating homelessness. Recognizing privilege, diminishing implicit bias and knowing that homelessness is not the fault of people experiencing homelessness are three points that people must acknowledge in understanding the complexities of homelessness.

Learning resources are available. Resources are here, at the University of Michigan, to educate yourself on homelessness. Read Groundcover News and interact with vendors. It is your responsibility to take advantage of these resources and help in the mission to alleviate homelessness.

Logic puzzle solution: Draw one marble out of the BW box. If this is white, you know that the box contains WW. Since the marbles in the BB box are wrong, it has to have the BW marbles, so the WW box then contains the BB. The conclusion is similar if the first marble is black.

BECOME A GROUNDCOVER NEWS VENDOR



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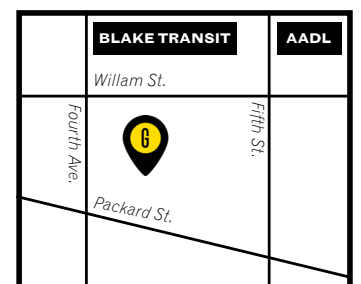


NEW VENDOR ORIENTATIONS ARE EVERY MONDAY AND THURSDAY, 1:30 PM

@ THE GCN OFFICE.

Trainings take 45 minutes.

New vendors will get a temporary badge and 10 free papers to start.



The Groundcover office is located in the basement of Bethlehem United Church of Christ (423 S 4th Ave, downtown Ann Arbor)